

The Village of Estero Heart Walk



Saturday, February 18, 2017
The program begins at 8:30 am and the Walk begins at 9:00 am
The Estero Park and Recreation Center
9200 Corkscrew Palms Blvd., Estero, FL 33928

Why Walk? Heart disease is the leading cause of death in the U.S. in both men and women, with stroke being the fourth leading cause of death and a leading cause of disability. The Village of Estero Heart Walk brings awareness and education about heart disease & stroke prevention and raises funds for research, education, and advocacy.

Register Online at http://esteroheartwalk.kintera.org or fill out both sides of this form

| Name(s): | | Address: | | |
|---|---------------------------|-------------|-------------------|--|
| | State: | | | |
| | | | | |
| | ■Yes ■Heart Disease/Heart | :Attack | $\square_{ m No}$ | |
| T-Shirt Size: (Circle) | Small Medium Large X-Larg | je XX-Large | | |
| Registration fee (to receive a T-shirt and participate in the Walk): \$35.00 I would like to make an additional contribution: \$\Pi\$ \$50 \$\Pi\$ \$75 \$\Pi\$ \$100 \$\Pi\$ Other \$\$\$ Yes! I would like to walk \$\Pi\$ Yes! I would like to help save lives by making a donation but I cannot attend the walk | | | | |
| ***Name of the tea | ım you are joining | | | |
| Credit Card Informat | | • | Exp. Date: | |

**Please complete this registration form, sign the release and indemnification on the back of this form, and drop off or mail to The American Heart Association 28441 Bonita Crossings Blvd., Bonita Springs, FL 34135; or return to your team captain. Please make checks payable to American Heart Association.

All Donations are tax-deductible and a receipt will be provided at the walk or e-mailed following the walk.



HEART WALK RELEASE AND INDEMNIFICATION

The Heart Walk involves walking — an activity that includes risks such as, but not limited to, falls, interaction with other participants, effects of weather, traffic and conditions of the road. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising in any way out of my participation in the Heart Walk and related activities.

It is my responsibility to dress appropriately. Although route maps, rest stops, refreshments and other assistance may be made available during this event, I am solely responsible for my own health and safety. I represent and warrant that I am physically fit and able to participate in this event and I agree to stop and request assistance if I experience any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions that would make it difficult or unsafe to continue. I authorize the use, copyright, or publication of my name, image or voice while participating in the Heart Walk and related activities, as may be captured by photograph or recording in any medium for any purpose, including illustration, promotion or advertisement.

I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, the American Heart Association, Inc. and The Village of Estero and their affiliates, offices, directors, volunteers and employees, and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands and causes of action whatsoever, arising out of my participation in this event and related activities — whether it results from the negligence of any of the above or from any other cause.

This release and indemnification agreement shall be as broad and inclusive as permitted by the state or province in which the event is conducted. If any portion of it is invalid, the balance shall continue in full force and effect.

| I have read, understand and agree to the terms of this agreement. |
|---|
| If Participant is a minor, the parent or guardian must agree to the below |

| I am the legal guardian of Participant, and I hereby consent to his/her participation. I have read the |
|---|
| foregoing release and indemnification agreement, and I hereby agree on behalf of myself and Participant |
| to its terms. |

| Signature | Date |
|-----------|------|

